

Psycho-Politics Resources

(Presentation by Prudence Gourguechon MD, Chicago Institute for
Psychoanalysis, March 3, 2017)

Read:

“The Rise of American Authoritarianism” Vox, Amanda Taub, March 1, 2016
<http://www.vox.com/2016/3/1/11127424/trump-authoritarianism>

“What So Many People Don’t Get About the US Working Class”, Joan C. Williams, Harvard
Business Review November 10, 2016 <https://hbr.org/2016/11/what-so-many-people-dont-get-about-the-u-s-working-class>

“Why the White Working Class Voted for Trump” Conversation between Joan C. Williams and
Curt Nickisch Harvard Business Review November 18, 2016
<https://hbr.org/ideacast/2016/11/why-the-white-working-class-voted-for-trump>

It Can’t Happen Here, Sinclair Lewis, Signet Classics. Originally published 1935.

“Large Group Identity, Large Group Regression and Massive Violence, Vamik Volkan, 2005
http://freudconference.com.au/online_papers/Large-Group_Identity.pdf

Cass R. Sunstein: “It can be easy and tempting, especially during a presidential campaign, to listen only to opinions that mirror and fortify one’s own. That’s not ideal, because it eliminates learning and makes it impossible for people to understand what they dismiss as “the other side.” ...you might want to consider the following books, to help you to understand why so many of your fellow citizens disagree with you”

“Five Books to Change Liberal Minds”, Cass R. Sunstein, Bloomberg View, October 11, 2016
<https://www.bloomberg.com/view/articles/2016-10-11/five-books-to-change-liberals-minds>

“Five Books to Change Conservatives Minds”, Cass R. Sunstein, Bloomberg View, November 30, 2017.
<https://www.bloomberg.com/view/articles/2016-11-30/five-books-to-change-conservatives-minds>

Educate yourself about the Goldwater Rule:

“The Ethics of the APA’s Goldwater Rule”, Jerome Kroll MD & Claire Pouncey, MD Ph.D. J Am Acad Psychiatry Law 44:2:226-235 June 2016

“Background Material: On the Ethics of Commentary on Public Figures by Mental Health Professionals”, Gourguechon, P. <http://www.invantageadvising.com/2017/02/25/background-material-ethics-commentary-public-figures-mental-health-professionals/>

Develop your identity as a public intellectual:

Toolkit: How and Why to Blog, Gourguechon, P., 2015
<http://www.invantageadvising.com/2017/02/25/toolkit-how-and-why-to-blog/>

Toolkit: Twitter Basics—Using Social Media to Develop a Public Voice, Gourguechon P., 2015
<http://www.invantageadvising.com/2017/02/24/toolkit-twitter-basics-using-social-media-develop-public-voice/>

See list of Twitter feeds to follow below

Take the time to learn how to enter members’ section on APsaA, IPA and other organization websites!! (Get value from your dues)

APsaA Resources: Members Section
<http://www.apsa.org/content/outreach-tools>

- Writing letters to the Editors and Op-Eds <http://www.apsa.org/content/writing-letters-editor-op-eds>
- Working with Reporters <http://www.apsa.org/content/working-reporters>

IPA Resource Library

IPA.world>members>homepage>Resource Library

Organizations/Newsletters/Resources for Ongoing Action

Indivisible

<https://www.indivisibleguide.com/>

“Former Congressional staffers reveal best practices for making Congress listen”

5 Calls

<https://5calls.org>

“5calls makes calling easy for people who hate making calls”--provides phone numbers and scripts so calling is quick and easy. Uses your location to find your local representatives so your calls have more impact

Daily Action

<https://Dailyaction.org>

“Resisting extremism in America, one phone call at a time.”

Re:act

<https://Reactletter.com>

“Re:act is a list of a few concrete things you can do to take action during the Trump presidency. Delivered via e-mail once a week.”

Immigration

“How You can help refugees in the United States”, Ron Lieber, NY Times, Feb 17, 2017. Online version has links to organizations.

<https://www.nytimes.com/interactive/2017/your-money/how-to-help-refugees-in-us.html>

Environment

10 Step Action Plan on Climate Change, Kirsten Howard, Jan 2017

<https://drive.google.com/file/d/0B6pzfqHXOz9seUhtZ2ZZVEdJTIE/view>

General

“A List of Pro-Women, Pro-Immigrant, Pro-Earth, Anti-Bigotry Organizations That Need Your Support”, Jezebel, Joanna Rothkropf, November 9, 2016

<http://jezebel.com/a-list-of-pro-women-pro-immigrant-pro-earth-anti-big-1788752078>

Town Hall Project “Show up, speak out”

<https://townhallproject.com/>

Twitter Feeds to Follow

(this is just a sampling—it gives you an idea of the breadth of the “resistance”)

@cirincione
@cccaction
@dorianwarren
@RogueSNRadvisor
@ALT-DOJ
@ALTStateDept
@AltHomelandSec
@alt-labor
@alt-treasury
@Art-DeptofEd
@AltHHS
@Alt-CDC
@Alt_NIH
@alt-fda
@altForestServ

@altUSDA
@altEPA
@RoguePOTUSStaff
@GeorgeLakoff
@NormEisen
@PplsAction
@RebuildDream
@townhallproject
@Indivisible
@ChrisMurphyCT
@JoyAnnReid
@JoanCWilliams
@OTSChicago
@rodhamconsult
@shannoncoulter #grabyourwallet